



First Nations Health Authority
Health through wellness



MENTAL HEALTH FEE SUPPLEMENT

For
Clients of the First Nations
Health Authority

October 2021



Version History

Version	Modified/ Effective Date	Description
Mental Health Fee Supplement Version 1	October 2021	Publication of Mental Health Service Codes and Claiming Criteria for FNHA Clients

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Introduction

This Fee Supplement contains services the First Nations Health Authority (FNHA) provides as eligible benefits for their clients that Pacific Blue Cross (PBC) administers on their behalf.



Please note: This Fee Supplement will be updated when changes, additions or deletions are made to the contained list of products and services.

Keep all supporting documentation on file in the event of an audit.

All claiming procedures are outlined in the PBC Health Reference Guide. These benefits require Pre-Determinations as outlined in the PBC Health Reference Guide. Pacific Blue Cross will accept pre-determinations submitted electronically on PROVIDERnet. Providers who have not registered for PROVIDERnet should register for an account on www.providernet.ca.

Allowable Providers

Mental health counselling is provided by psychologists, social workers, and clinical counsellors who are registered with their regulatory/licencing body as well as with FNHA Health Benefits and have received training in Indigenous cultural safety and humility. Please refer to <https://www.fnha.ca/benefits/mental-health-providers> for more information or contact Health Benefits at 1.855.550-5454.

The following acronyms are used throughout this Fee Supplement to outline which professionals are allowable providers. Please ensure that all services are provided by an allowable provider.

Acronym	Provider Type
PSY	Registered Psychologist
RCC	Registered Clinical Counsellor
CCC	Certified Clinical Counsellor
RSW	Registered Social Worker
RCSW	Registered Clinical Social Worker

Programs

The following is the list of the programs offered through the FNHA Health Benefits:

Mental Wellness & Counselling Program
Missing & Murdered Indigenous Women & Girls Health Support Services Program
Indian Residential Schools Resolution Health Support Services Program
Indian Day Schools Health Support Services Program

Provider Rates

Providers can bill the FNHA Health Benefits Program for counselling services up to the maximum rates outlined below, which are determined by the provider's membership in their respective professional body. FNHA clients should not be directly charged any additional fees.

Fee Schedule for Counselling Services	
Provider Membership	Maximum Rate (not including GST, if applicable)
College of Psychologists of British Columbia	\$150/hour
British Columbia College of Social Workers	
British Columbia Association of Clinical Counsellors	\$90/hour
Canadian Counselling and Psychotherapy Association	

Claiming Guidelines

Pre-Determinations

For all programs, a pre-determination must be submitted by a provider prior to rendering services. Pre-determinations are approved by FNHA assessors who will determine which program the client is eligible for.

Provider Electronic Pre-Determinations

Submit your Pre-Determination on www.providernet.ca.

Provider Pre-Determination by Paper

Submit a completed [PBC Mental Health Pre-Determination form for FNHA clients](#) making sure to fill out the form completely.

Provider Electronic Claims

For eligible electronic claims, submit your claim on www.providernet.ca. All records must be retained and are subject to review.

Provider Claims by Paper

Submit a completed [PBC Mental Health Claim form for FNHA clients](#) making sure to fill out the form completely. All records must be retained and are subject to review.

Pre-Determination Service Codes and Description

Once FNHA has reviewed the pre-determination request, the decision will be sent to you using the approved service code and description.

Service Code	Description	Program Maximum
88881	Mental Wellness & Counselling	22 hours/12 months
88882	Missing & Murdered Indigenous Women & Girls Health Support Services	22 hours/12 months
88883	Indian Residential Schools Resolution Health Support Services	62 hours total
88884	Indian Day Schools Health Support Services	22 hours/12 months

After you have received approval for the program, please use the appropriate program name and group/individual or in-person/telehealth options below when submitting your claim.

Mental Health Session

Service Code	Description	Dollar Max/Frequency Guidelines	Provider(s)
80871	Mental Wellness & Counselling-Individual-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80872	Missing & Murdered Indigenous Women & Girls Services-Individual-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80873	Indian Residential Schools Services-Individual-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW

Service Code	Description	Dollar Max/Frequency Guidelines	Provider(s)
80874	Indian Day Schools Services-Individual-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80881	Mental Wellness & Counselling-Group-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80882	Missing & Murdered Indigenous Women & Girls Services-Group-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80883	Indian Residential Schools Services-Group-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
80884	Indian Day Schools Services-Group-In person	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89871	Mental Wellness & Counselling-Individual-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89872	Missing & Murdered Indigenous Women & Girls Services-Individual-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89873	Indian Residential Schools Services-Individual-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89874	Indian Day Schools Services-Individual-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89881	Mental Wellness & Counselling-Group-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89882	Missing & Murdered Indigenous Women & Girls Services-Group-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89883	Indian Residential Schools Services-Group-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW
89884	Indian Day Schools Services-Group-online	PSY - \$150 per hour RCC/CCC - \$90 per hour RSW/RCSW - \$150 per hour GST will be added, if applicable	PSY, RCC, CCC, RSW, RCSW

Additional Information

Fax Requests

Pacific Blue Cross will accept pre-determinations submitted by fax at 604.677.0200 for FNHA clients only. Incomplete forms will be rejected and must be resubmitted. Once approval has been provided for benefits, claims can also be submitted by fax at 604.677.0277.

Out-of-Country Expenses

Out-of-Country expenses are not eligible for reimbursement.

Record Retention

Company shall maintain complete and accurate records of, and supporting documentation for, the amounts claimed under this Agreement. The Company shall retain such records during the term of this Agreement and for a period of seven years after the Claim has been submitted to PBC.

Coordination of Benefits

Clients are required to access any public or private health or provincial/territorial programs for which they are eligible prior to accessing the FNHA Program.



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